

Speaker Series
For parent/guardians of children of all ages

RAISING RESILIENT KIDS: WHAT TO DO WHEN YOU DON'T KNOW WHAT TO DO



Our Speaker:

Kerrie Toole, LICSW

**Algonquin Regional High
School Auditorium**

Time: 7:00 - 8:30pm

**Thursday
January 5**

***Your Child's Emotional
Superpower Explained***

**Thursday
January 12**

***No Such Thing As A Bad Feeling:
Why Our Best Intentions
Can Backfire and What
to Do Differently***

**Thursday
January 19**

***The Magical Skill of Validation
The #1 Technique Every Parent
Needs to Know***

Sponsored by the Southborough Health Department

2026 Guide Raising Resilient Kids

TRAVIS. HEMBREE



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Table of Contents 2026 Guide Raising Resilient Kids

1. Understanding the eBook 2026 Guide Raising Resilient Kids
 - The Rise of Digital Reading 2026 Guide Raising Resilient Kids
 - Advantages of eBooks Over Traditional Books
2. Identifying 2026 Guide Raising Resilient Kids
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an 2026 Guide Raising Resilient Kids
 - User-Friendly Interface
4. Exploring eBook Recommendations from 2026 Guide Raising Resilient Kids
 - Personalized Recommendations

- 2026 Guide Raising Resilient Kids User Reviews and Ratings
- 2026 Guide Raising Resilient Kids and Bestseller Lists
- 5. Accessing 2026 Guide Raising Resilient Kids Free and Paid eBooks
 - 2026 Guide Raising Resilient Kids Public Domain eBooks
 - 2026 Guide Raising Resilient Kids eBook Subscription Services
 - 2026 Guide Raising Resilient Kids Budget-Friendly Options
- 6. Navigating 2026 Guide Raising Resilient Kids eBook Formats
 - ePub, PDF, MOBI, and More
 - 2026 Guide Raising Resilient Kids Compatibility with Devices
 - 2026 Guide Raising Resilient Kids Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of 2026 Guide Raising Resilient Kids
 - Highlighting and Note-Taking 2026 Guide Raising Resilient Kids
 - Interactive Elements 2026 Guide Raising Resilient Kids
- 8. Staying Engaged with 2026 Guide Raising Resilient Kids
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers 2026 Guide Raising Resilient Kids
- 9. Balancing eBooks and Physical Books 2026 Guide Raising Resilient Kids
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection 2026 Guide Raising Resilient Kids
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine 2026 Guide Raising Resilient Kids
 - Setting Reading Goals 2026 Guide Raising Resilient Kids
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of 2026 Guide Raising Resilient Kids
 - Fact-Checking eBook Content of 2026 Guide Raising Resilient Kids

- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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