

BRAIN DECLUTTER & PRODUCTIVITY GUIDE



A Clean Space for Ideas,
Priorities & Mental Calmness

30 Pages

6 x 9 Inc

TOPIC-BASED
BRAIN DUMP

Form with icons for home and messages, and a heart icon.

SORTING
MY THOUGHTS

DATE	TOPIC	THOUGHTS	STATUS

CATEGORY
SORT

Form with multiple lines for text input.

TOP PRIORITIES
EXTRACTOR

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URGENCY &
IMPORTANCE
MATRIX

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DECISION
HELPER

Form with a flowchart and icons for 'Yes' and 'No'.

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Fan Fiction Genres Julia Elena Goldmann, 2022-09-01 What if James T Kirk and Spock had a baby left the Enterprise and moved to New Vulcan to live happily ever after Fan fiction plots like this are a strong testament of fans endless creativity Not only do the authors invent their own storylines but they have developed a generic definition of content across fandoms according to the relationship present in the text Classification is therefore profoundly related to gender and sexuality Julia Elena Goldmann examines these generic structures and formulaic patterns comparatively in Star Trek and Supernatural fan fiction She also focuses on the interplay of the concepts of gender sexuality relationships and depictions of family in these texts

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sie sind durch pochende schmerzen auf einer seite des kopfes gekennzeichnet eine migräne ist ein mittelschwerer bis schwerer kopfschmerz migräneanfälle sind komplizierte vorgänge im gehirn die häufig mehrere stunden bis mehrere tage dauern migräne ohne aura ist am häufigsten anzutreffen 75 prozent der fälle

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hierbei werden kleine botox mengen mit feiner nadel in die muskulatur an stirn kopf und nacken injiziert meist sind es insgesamt 30 40 injektionspunkte details zur migräne behandlung behandlungsdauer 15 25 minuten für wem ist eine migränen behandlung geeignet für personen die unter dauerhafter starker migräne leiden

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objective the relation between migraine and vascular risk factors is an unclear issue furthermore the reasons for

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may 12 2015 eine reihe von techniken steht zur verfügung je nach ursache der kopfschmerzen und der erfahrungen und präferenzen vergangener behandlungen weichteil therapie für die muskeln und faszien der hws zielt auf das loslassen der verspannten muskeln und faszien in der folge hat sich eine mobilisierung bzw

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jan 19 2022 bei patienten mit migräne werden zur bestimmung der indikation für physiotherapie lediglich fünf dieser elf tests empfohlen die untersuchung von myofaszialen triggerpunkten die kopfposition nach anterior das zervikale bewegungsausmaß die untersuchung von segmentalen hws hypomobilitäten und der flexions rotations test 4