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The Ultimate Guide To Time-Blocking Strategies

PRODUCTIVITY

Advanced Strategies Productivity Guide

Albert A Gayle



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how to battle this temptation and break free from the paralysis of fear and uncertainty that are causing inaction, doubts and procrastination. A good analogy of this is when you go to swim in a public swimming pool. People who are about to jump in ALWAYS bother those who are already in the pool with the boring questions: Is the water warm? How deep is it? Can I jump in? What if I drown? Just get in there and see for yourself. The very same hesitation is causing people to neglect opportunities for achieving a better lifestyle in their business. You'll learn what you need to do to eliminate this hesitation and jump in the pool with other successful people. You become who you surround yourself with. 4 A lot of people react on things based on an emotional impulse. I am going to outline the difference between REACTION and RESPONSE page 7. That's because if you can't distinguish the urgent from the important, you are less likely to achieve the result you want. 5 Most people confuse activity with productivity. If you understand the difference between both, you'll be able to focus and become dramatically more productive at your work page 7. 6 Most of us have a lot that's going on in our heads. We can't clearly focus on things because we have all those distracting thoughts while trying to work. I am going to show you a very powerful technique that's going to solve this problem once and for all page 8. Surprisingly enough, I've learned this from Bruce Lee. I do not know anything about martial arts in order to apply his principles. You'll see what I mean when you get to page 8 of this productivity report. 7 A lot of people today, with the invention of Facebook, Twitter, and other time-wasters on the Internet, find a hard time to organize their time for work. Even if you have a lot of commitments, demands, and obligations, you are always short on time to work and do what's important to you. That's why in this productivity report, I am going to show you how to work more effectively, spending less time to work and accomplishing a lot more as a result. See page 10. What does Golden Nuggets Edition mean? This productivity report is a result of a lot of research and study from various sources on time management and personal productivity. It contains powerful strategies on how to get more focused, which took me literally YEARS to learn through trial and error. Important! All purchases of this title, *How To Improve Concentration And Stay Focused At Work*, will get an additional Productivity Report, *Unleash Your Profit Potential By Killing All Mental Interruptions*, for free. Simply visit www.DoubleTimeToday.com free to claim your free productivity report after purchase. About The Author: Chris Diamond is the founder of DoubleTimeToday.com, which is a website that helps business owners and entrepreneurs to meet their time management and personal productivity challenges with confidence.

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