

Modalities: Introduction

- Sports medicine and athletic training use a wide variety of therapeutic modalities.
- The following will be discussed during this unit:
 - Legal Concerns
 - Transmission of Thermal Energy
 - Cryotherapy
 - Thermotherapy
 - Ultrasound
 - Electrotherapy
 - Massage
 - Traction
 - Intermittent Compression

Therapeutic Modalities For Athletic Training

Daniel F McAuley



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